



ST. PATRICK'S - RECOMMENDATIONS FOR CHILD SAFETY, TECHNOLOGY & LEARNING

1

PARENTAL MONITORING IS VITAL

Watch what your child is doing, who they are talking to, and what sites they are on....be aware if their mood changes. This is NOT invading their privacy, it is parenting in the digital space.

2

LIMIT LEARNING DISTRACTIONS

Keep your child's attention focused on their schoolwork. Limit their use of devices (xbox, playstation, ipad, ipod, iphone, smartwatch, etc.) other than what is needed to complete their work, until their schoolwork is done.

3

STAY ENGAGED AND ENCOURAGE BALANCE

The use of any internet enabled devices should be in a common area of the house not in the bedroom. Chat with your child regularly, set time limits for online and offline activities.

4

ONLINE SAFETY PRACTICES

Put in place Parental Privacy Controls. Discuss and encourage digital intelligence; respect, empathy, critical thinking, responsible behaviour and resilience. Encourage safe and responsible behaviour.

FOR MORE SAFETY TIPS VISIT

[HTTPS://WWW.ESAFETY.GOV.AU/](https://www.esafety.gov.au/)
[HTTP://WWW.CYBERSAFETYSOLUTIONS.COM.AU/](http://www.cybersafetysolutions.com.au/)